FHZMPMPAM

Base Product



OM3 MPO (Unpinned) to MPO (Unpinned), InstaPATCH® 360 Armored Pre-terminated Trunk Cable, 144-Fiber, Plenum

Product Classification

Regional Availability

Asia | Australia/New Zealand | China | Europe | India | Latin

America | Middle East/Africa | North America

Portfolio CommScope®

Product Type Fiber trunk cable assembly
Product Brand SYSTIMAX InstaPATCH® 360

Ordering Note For lengths greater than 999 ft (304 m), orders must be in meters | Minimum length

may vary based on cable configuration

General Specifications

Color, boot ABlackColor, connector AAquaColor, boot BBlackColor, connector BAqua

Construction Type Armored | Stranded

Furcation Color Aqua

Interface, Connector AMPO-12/UPC FemaleInterface, Connector BMPO-12/UPC Female

Jacket Color Aqua

Polarity Method B (LL)

Fibers per Subunit, quantity 12

Total Fibers, quantity 144

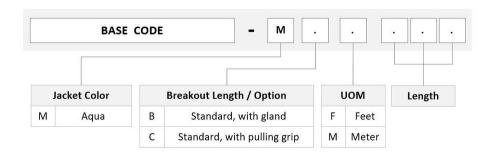
Dimensions

Breakout Length33 inCable Assembly Length Range (m)3 - 999Cable Assembly Length Range (ft)10 - 999

COMMSC PE°

FHZMPMPAM

Ordering Tree



Mechanical Specifications

Cable Retention Strength, maximum 11.24 lb @ 0 $^{\circ}$ | 4.40 lb @ 90 $^{\circ}$

Optical Specifications

Fiber Mode Multimode

Fiber Type OM3, LazrSPEED®

Environmental Specifications

Operating Temperature -10 °C to +60 °C (+14 °F to +140 °F)

Environmental Space Indoor | Plenum

Regulatory Compliance/Certifications

Agency Classification
ANATEL Compliant

CHINA-ROHS Above maximum concentration value

ISO 9001:2015 Designed, manufactured and/or distributed under this quality management system
REACH-SVHC Compliant as per SVHC revision on www.commscope.com/ProductCompliance

ROHS Compliant/Exempted UK-ROHS Compliant/Exempted



Included Products

760119768 - Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, interlocking aluminum armored with

Page 2 of 8

FHZMPMPAM

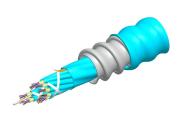
P-144-MZ-5L-F12AQ plenum jacket, Multimode OM3, 144 fiber multi-unit with 12 fiber subunits, gel-free, Feet jacket

marking, Aqua jacket color

860647054 - MPO12, LOW LOSS, FEMALE, OM3/4, AQUA, 3mm



760119768 | P-144-MZ-5L-F12AQ



Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, interlocking aluminum armored with plenum jacket, Multimode OM3, 144 fiber multi-unit with 12 fiber subunits, gel-free, Feet jacket marking, Aqua jacket color

Product Classification

Regional Availability

Asia | Australia/New Zealand | Latin America | Middle East

12

/Africa | North America

Portfolio CommScope®

Product Type Fiber indoor cable

Product Series P-MZ

General Specifications

Armor Type Interlocking aluminum

Cable Type MPO trunk cable

Construction TypeArmoredSubunit TypeGel-freeJacket ColorAquaJacket MarkingFeet

Fibers per Subunit, quantity 12

Total Fiber Count 144

Total Fiber Count 14

Dimensions

Subunit, quantity

Buffer Tube/Subunit Diameter 3 mm | 0.118 in

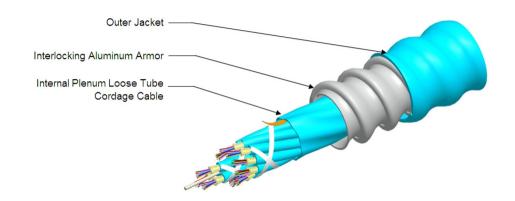
Diameter Over Armor 20.96 mm | 0.825 in

Diameter Over Jacket 23 mm | 0.906 in

Representative Image



760119768 | P-144-MZ-5L-F12AQ



Mechanical Specifications

Tensile Load, long term, maximum

Minimum Bend Radius, loaded 345 mm | 13.583 in

Minimum Bend Radius, unloaded 230 mm | 9.055 in

Tensile Load, short term, maximum 1335 N | 300.12 lbf

Compression 85 N/mm | 485.363 lb/in

Compression Test Method FOTP-41 | IEC 60794-1 E3

400 N | 89.924 lbf

Flex 300 cycles

Flex Test Method FOTP-104 | IEC 60794-1 E6

Impact 35 N-m | 309.776 in lb

Impact Test Method FOTP-25 | IEC 60794-1 E4

Strain See long and short term tensile loads

Strain Test Method FOTP-33 | IEC 60794-1 E1

Twist 10 cycles

Twist Test Method FOTP-85 | IEC 60794-1 E7

Vertical Rise, maximum 104 m | 341.207 ft

Optical Specifications

Fiber Type OM3, LazrSPEED® 300 | OM3, LazrSPEED® 300

Environmental Specifications

Installation temperature 0 °C to +70 °C (+32 °F to +158 °F)

Page 5 of 8

760119768 | P-144-MZ-5L-F12AQ

Operating Temperature 0 °C to +70 °C (+32 °F to +158 °F)

Storage Temperature $-40 \,^{\circ}\text{C}$ to $+70 \,^{\circ}\text{C}$ (-40 $^{\circ}\text{F}$ to $+158 \,^{\circ}\text{F}$)

Cable Qualification Standards ANSI/ICEA S-83-596 | Telcordia GR-409

Environmental Space Plenum

Flame Test Listing

NEC OFCP (ETL) and c(ETL)

Flame Test Method

NFPA 130 | NFPA 262

Environmental Test Specifications

Heat Age 0 °C to +85 °C (+32 °F to +185 °F)

Heat Age Test Method IEC 60794-1 F9

Low High Bend 0 °C to +70 °C (+32 °F to +158 °F)

Low High Bend Test Method FOTP-37 | IEC 60794-1 E11

Temperature Cycle 0 °C to +70 °C (+32 °F to +158 °F)

Temperature Cycle Test Method FOTP-3 | IEC 60794-1 F1

Packaging and Weights

Cable weight 392 kg/km | 263.412 lb/kft

Regulatory Compliance/Certifications

Agency Classification

CHINA-ROHS Below maximum concentration value

ISO 9001:2015 Designed, manufactured and/or distributed under this quality management system

REACH-SVHC Compliant as per SVHC revision on www.commscope.com/ProductCompliance

ROHS Compliant UK-ROHS Compliant



* Fnotnotes

Operating Temperature Specification applicable to non-terminated bulk fiber cable





MPO12, LOW LOSS, FEMALE, OM3/4, AQUA, 3mm

Product Classification

Regional Availability

Asia | Australia/New Zealand | EMEA | Latin America | North America

Portfolio CommScope®
Product Type Fiber connector

General Specifications

ColorAquaColor, bootBlackFerrule GeometryFlat

Interface MPO/UPC Female

Interface Feature Unpinned

Total Fiber Count 12

Dimensions

 Length
 60.1 mm | 2.366 in

 Compatible Cable Diameter
 3 mm | 0.118 in

Material Specifications

Ferrule Material Polymer

Mechanical Specifications

Cable Retention Strength, maximum $11.24 \text{ lb} @ 0 ^{\circ}$

Optical Specifications

Fiber ModeMultimodeFiber TypeOM3 | OM4

Insertion Loss Change, mating 0.2 dB

Optical Components Standard ANSI/TIA-568-C.3

COMMSCOPE®

860647054

Insertion Loss Change, temperature0.2 dBInsertion Loss, maximum0.27 dBReturn Loss, minimum27 dB

Packaging and Weights

Packaging quantity

Regulatory Compliance/Certifications

Agency Classification

ISO 9001:2015 Designed, manufactured and/or distributed under this quality management system

* Footnotes

Insertion Loss Change, matingTIA-568: Maximum insertion loss change after 500 matings

Insertion Loss Change, temperature Maximum insertion loss change from -10 °C to +60 °C (+14 °F to +140 °F)