

FHZMPMPAM

Base Product



OM3 MPO (Unpinned) to MPO (Unpinned), InstaPATCH® 360 Armored Pre-terminated Trunk Cable, 144-Fiber, Plenum

Product Classification

Regional Availability	Asia Australia/New Zealand China Europe India Latin America Middle East/Africa North America
Portfolio	CommScope®
Product Type	Fiber trunk cable assembly
Product Brand	SYSTIMAX InstaPATCH® 360
Ordering Note	For lengths greater than 999 ft (304 m), orders must be in meters Minimum length may vary based on cable configuration

General Specifications

Color, boot A	Black
Color, connector A	Aqua
Color, boot B	Black
Color, connector B	Aqua
Construction Type	Armored Stranded
Furcation Color	Aqua
Interface, Connector A	MPO-12/UPC Female
Interface, Connector B	MPO-12/UPC Female
Jacket Color	Aqua
Polarity	Method B (LL)
Fibers per Subunit, quantity	12
Total Fibers, quantity	144

Dimensions

Breakout Length	33 in
Cable Assembly Length Range (m)	3 – 999
Cable Assembly Length Range (ft)	10 – 999

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Ordering Tree



Mechanical Specifications

Cable Retention Strength, maximum 11.24 lb @ 0 ° | 4.40 lb @ 90 °

Optical Specifications

Fiber Mode Multimode

Fiber Type OM3, LazrSPEED®

Environmental Specifications

Operating Temperature -10 °C to +60 °C (+14 °F to +140 °F)

Environmental Space Indoor | Plenum

Regulatory Compliance/Certifications

Agency	Classification
ANATEL	Compliant
CHINA-ROHS	Above maximum concentration value
ISO 9001:2015	Designed, manufactured and/or distributed under this quality management system
REACH-SVHC	Compliant as per SVHC revision on www.commscope.com/ProductCompliance
ROHS	Compliant/Exempted
UK-ROHS	Compliant/Exempted



Included Products

760119768 - Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, interlocking aluminum armored with

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P-144-MZ-5L-F12AQ

plenum jacket, Multimode OM3, 144 fiber multi-unit with 12 fiber subunits, gel-free, Feet jacket marking, Aqua jacket color

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MPO12, LOW LOSS, FEMALE, OM3/4, AQUA, 3mm



Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, interlocking aluminum armored with plenum jacket, Multimode OM3, 144 fiber multi-unit with 12 fiber subunits, gel-free, Feet jacket marking, Aqua jacket color

Product Classification

Regional Availability	Asia Australia/New Zealand Latin America Middle East /Africa North America
Portfolio	CommScope®
Product Type	Fiber indoor cable
Product Series	P-MZ

General Specifications

Armor Type	Interlocking aluminum
Cable Type	MPO trunk cable
Construction Type	Armored
Subunit Type	Gel-free
Jacket Color	Aqua
Jacket Marking	Feet
Subunit, quantity	12
Fibers per Subunit, quantity	12
Total Fiber Count	144

Dimensions

Buffer Tube/Subunit Diameter	3 mm 0.118 in
Diameter Over Armor	20.96 mm 0.825 in
Diameter Over Jacket	23 mm 0.906 in

Representative Image



Mechanical Specifications

Minimum Bend Radius, loaded	345 mm 13.583 in
Minimum Bend Radius, unloaded	230 mm 9.055 in
Tensile Load, long term, maximum	400 N 89.924 lbf
Tensile Load, short term, maximum	1335 N 300.12 lbf
Compression	85 N/mm 485.363 lb/in
Compression Test Method	FOTP-41 IEC 60794-1 E3
Flex	300 cycles
Flex Test Method	FOTP-104 IEC 60794-1 E6
Impact	35 N-m 309.776 in lb
Impact Test Method	FOTP-25 IEC 60794-1 E4
Strain	See long and short term tensile loads
Strain Test Method	FOTP-33 IEC 60794-1 E1
Twist	10 cycles
Twist Test Method	FOTP-85 IEC 60794-1 E7
Vertical Rise, maximum	104 m 341.207 ft

Optical Specifications

Fiber Type	OM3, LazrSPEED® 300 OM3, LazrSPEED® 300
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Environmental Specifications

Installation temperature	0 °C to +70 °C (+32 °F to +158 °F)
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760119768 | P-144-MZ-5L-F12AQ

Operating Temperature	0 °C to +70 °C (+32 °F to +158 °F)
Storage Temperature	-40 °C to +70 °C (-40 °F to +158 °F)
Cable Qualification Standards	ANSI/ICEA S-83-596 Telcordia GR-409
Environmental Space	Plenum
Flame Test Listing	NEC OFCP (ETL) and c(ETL)
Flame Test Method	NFPA 130 NFPA 262

Environmental Test Specifications

Heat Age	0 °C to +85 °C (+32 °F to +185 °F)
Heat Age Test Method	IEC 60794-1 F9
Low High Bend	0 °C to +70 °C (+32 °F to +158 °F)
Low High Bend Test Method	FOTP-37 IEC 60794-1 E11
Temperature Cycle	0 °C to +70 °C (+32 °F to +158 °F)
Temperature Cycle Test Method	FOTP-3 IEC 60794-1 F1

Packaging and Weights

Cable weight	392 kg/km 263.412 lb/kft
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Regulatory Compliance/Certifications

Agency	Classification
CHINA-ROHS	Below maximum concentration value
ISO 9001:2015	Designed, manufactured and/or distributed under this quality management system
REACH-SVHC	Compliant as per SVHC revision on www.commscope.com/ProductCompliance
ROHS	Compliant
UK-ROHS	Compliant



* Footnotes

Operating Temperature Specification applicable to non-terminated bulk fiber cable

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MPO12, LOW LOSS, FEMALE, OM3/4, AQUA, 3mm

Product Classification

Regional Availability	Asia Australia/New Zealand EMEA Latin America North America
Portfolio	CommScope®
Product Type	Fiber connector

General Specifications

Color	Aqua
Color, boot	Black
Ferrule Geometry	Flat
Interface	MPO/UPC Female
Interface Feature	Unpinned
Total Fiber Count	12

Dimensions

Length	60.1 mm 2.366 in
Compatible Cable Diameter	3 mm 0.118 in

Material Specifications

Ferrule Material	Polymer
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Mechanical Specifications

Cable Retention Strength, maximum	11.24 lb @ 0 °
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Optical Specifications

Fiber Mode	Multimode
Fiber Type	OM3 OM4
Insertion Loss Change, mating	0.2 dB
Optical Components Standard	ANSI/TIA-568-C.3

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Insertion Loss Change, temperature	0.2 dB
Insertion Loss, maximum	0.27 dB
Return Loss, minimum	27 dB

Packaging and Weights

Packaging quantity	1
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Regulatory Compliance/Certifications

Agency	Classification
ISO 9001:2015	Designed, manufactured and/or distributed under this quality management system

* Footnotes

Insertion Loss Change, mating	TIA-568: Maximum insertion loss change after 500 matings
Insertion Loss Change, temperature	Maximum insertion loss change from -10 °C to +60 °C (+14 °F to +140 °F)